

## FREQUENTLY ASKED QUESTIONS

### HOW DO I REGISTER FOR THE WALK?

To register for the Walk, click the WALK IN-PERSON OR VIRTUALLY button. You will register one person at a time. If you want to register more than one person (for example, all the members of your family), you will return to this screen after each registration to add the next one.

The cost for each person who registers varies by age:

- \$35 for adults/non- students
- \$20 for students (14 to 21 years – enrolled in high school or college)
- \$15 for youth (ages 6 to 13)
- Free for children (under 5)

Select the type of registration you want by clicking the corresponding “Add to Cart” button. On the following page, indicate if you are registering for yourself or someone else. Proceed to complete the registration form. Be sure to indicate the team you want to join – or start your own team! Click the Next button to continue to checkout.

Once your registration is complete and paid for and you’ve agreed to the waiver, you will receive a confirmation email receipt.

### HOW DO I REGISTER FOR THE 5K RUN?

To register for the 5K Run, click the RUN IN-PERSON OR VIRTUALLY button. You will register one person at a time. If you want to register more than one person (for example, all the members of your family), you will return to this screen after each registration to add the next one.

The cost for each person who registers varies by age:

- \$35 for adults/non- students
- \$20 for students (14 to 21 years – enrolled in high school or college)
- \$15 for youth (ages 6 to 13)
- Free for children (under 5)

Select the type of registration you want by clicking the corresponding “Add to Cart” button. On the following page, indicate if you are registering for yourself or someone else. Proceed to complete the registration form. Be sure to indicate the team you want to join – or start your own team! Click the Next button to continue to checkout.

Once your registration is complete and paid for and you’ve agreed to the waiver, you will receive a confirmation email receipt.

## **CAN I REGISTER FOR BOTH THE WALK AND THE 5K RUN?**

Yes! There is a \$15 discount when you register for both the Walk and the 5K Run. The total cost for both events is \$45. There is plenty of time between the end of the 5K Run and the start of the Walk to rest and get some refreshments.

## **HOW DO I CREATE A TEAM FOR THE WALK AND/OR 5K RUN?**

When you register for the Walk or 5K Run on the March for Marrow site, you can join an existing team during the registration process by clicking on the team you want to join in the drop-down menu provided. You can also create your own team during this registration process.

## **HOW DO I FUNDRAISE FOR THE WALK AND/OR 5K RUN?**

Since the purpose of March for Marrow is to benefit the Aplastic Anemia and MDS International Foundation, fundraising is a critical part of the event. Money raised goes towards funding patient and family programs and services, educational materials and programs, conferences, research and advocacy.

When you register for either the Walk or 5K Run, a fundraising page will be created for you automatically. Refer to the information in the next section for details on how to personalize your fundraising page.

We suggest that you set your fundraising goal of \$500 for this year – this is only 10 donations of \$50 each or 25 donations of only \$20 each. It's easy to do! Ask family, friends, neighbors and colleagues to help support your efforts. Of course, you can always raise more – \$1,000, \$2,000 or more. Every donation helps! Once you get started, you may be able to raise much more.

Remember to ask your employer about any matching gifts programs and ask your donors and team members to do so as well. Many companies will match your donation and many will double or even triple it!

## **HOW DO I PERSONALIZE MY FUNDRAISING PAGE?**

Click the link in your registration confirmation email to view or edit your personal fundraising page. Then, use your email address and password created during the registration process (or Facebook login) to log in. Click the "Edit Page" tab where you can add a Profile Photo, update Your Story, and/or add a Cover Photo. The more personalized your page is, the more others will be inspired to run/walk with you or make a donation. It only takes about 10-15 minutes to personalize your page – and it's easy to do! Additionally, by clicking the "Post Update" tab, you can tell your friends and family how your fundraiser is going on your social media pages.

Have more questions about setting up your personal page and fundraising? Contact [Bill Hamm](#).

## THE SILENT AUCTION

We are very pleased to bring back the SILENT AUCTION again this year! We've received a lot of positive feedback about our silent auction in past years and know you'll be thrilled to see all the items available for bidding.

You can help us raise even more for the AAMDSIF if you know a hotel/spa, winery, theater, museum, jeweler, restaurant or other business that you can ask for a donation. We can provide the proper paperwork to verify our non-profit status. Ideas welcome! Contact [Ruth Cuadra](#) or [Stephanie Hamm](#).

So far we have these items for our 2024 Silent Auction:

- Autographed soccer ball from Mia Hamm.

- Gift cards for Macy's, Barnes & Noble, See's Candy

- Puzzles...toys and games...household goods...and more to be added!