

FREQUENTLY ASKED QUESTIONS

REGISTRATION

HOW DO I REGISTER FOR THE 5K?

This event has returned after an absence of two years during which we moved the OVERALL event from the University of Houston to the Woodlands in 2019. Registration costs \$30 for adults/non-students, \$20 for students (14 to 21 years – enrolled in high school or college), and \$15 for youth (ages 6 to 13).

HOW DO I REGISTER FOR THE WALK?

Register for the walk is a separate registration event which takes place at about the same time as the 5K RUN, so you can't register for both events. Registration fees for the walk are the same as for the 5K above.

Once your registration is complete and paid for and the waiver agreed to, you will receive a confirmation email receipt.

MARCH FOR MARROW 5K RUN HOUSTON

HOW DO I REGISTER A TEAM FOR THE 5K?

When you register for the 5K on the AAMDSIF site, you can join an existing team during the registration process by clicking on the team you want to join on the drop-down menu provided. You can also create your own team during this registration process.

HOW DO I FUNDRAISE FOR THE 5K?

If you register for the 5K on the AAMDSIF web site, a fundraising page will be created automatically, and you can simply follow the instructions under fundraising for the walk.

MARCH FOR MARROW WALK HOUSTON

WHAT HAPPENS AFTER I REGISTER FOR THE WALK?

Your registration and payment will be confirmed by email. Click the link in your confirmation email to view or edit your personal fundraiser page. Then, use your email address and password created during the registration process or Facebook to log in to the Houston event website. Take a moment to personalize your fundraising page (try not to use the default wording used in the existing text). Let others know why you're walking and why this event is important to you. You can also upload a picture.

HOW DO I JOIN A TEAM FOR THE WALK?

You can join an existing team during the registration process by clicking on the team name you want to join on the drop-down menu provided. As mentioned above, you can also create your own team during this registration process.

HOW DO I FUNDRAISE FOR THE WALK?

Since this event is to benefit the Aplastic Anemia and MDS International Foundation, fundraising is a critical part of the event, as the money raised goes towards funding patient and family programs and services, educational materials and programs, conferences, research and advocacy.

When you register for the walk, you will automatically receive a fundraising page. We suggest that you set your fundraising goal at \$500 for this year – which is only 10 donations of \$50 each or 25 donations of only \$20 each. It's easy to do! All you need to do is ask friends, neighbors and colleagues to help support your efforts. Of course, you can always raise more: \$1,000, \$2,000 – the sky is the limit! Once you get started, many of you will raise much more. (Remember to ask your employer about any matching gifts programs and ask your donors and team members to do so as well. Many companies partially match your donation and many double or triple it!)

HOW DO I PERSONALIZE MY FUNDRAISING PAGE?

Click the link in your registration confirmation email to view or edit your personal fundraiser page. Then, use your email address and password created during the registration process or Facebook login information to log in. Click the "Edit Page" tab where you can add a Profile Photo, update Your Story, and/or add a Cover Photo. The more personalized your page is, the more others will be inspired to run/walk with you or donate to your page. It only takes about 10-15 minutes to personalize your page – and it's easy to do! Additionally, by clicking the "Post Update" tab, you can tell your friends and family how your fundraiser is going on your social media pages.

THE RAFFLE

As part of the 2019 10-year celebrations, we introduced a raffle as yet another way to give even more money back to AAMDS. We received positive feedback about our raffle and decided to include it in this year's activities. We have put together an exciting raffle.

To date we have collected the following great gifts for the 2022 Raffle:

- A raffle gift from Kendra Scott
- \$100 gift certificate to Taste of Texas from Gail Nevlud
- \$100 gift certificate from Arbonne
- An autographed item from bone marrow failure sibling, soccer player Mia Hamm
- Gift Certificates from Fleet Feet.

Raffle tickets are \$5 each or six (6) tickets for \$25.

Email Bill Hamm or text him at 512-750-5894 for tickets. He will mail you as many tickets as you would like. Your tickets will not be "valid" until Bill receives the money corresponding to your ticket order.

Questions about setting up your personal page and fundraising? Send an email to Bill Hamm at hammbill@gmail.com or march4marrowhous@gmail.com.