# FREQUENTLY ASKED QUESTIONS

#### REGISTRATION

# HOW DO I REGISTER FOR THE 5K?

This event has returned after an absence of a year during which we moved the OVERALL event from the University of Houston to the Woodlands last year. Registration costs \$35 for adults/non-students, \$20 for students (13 to 21 years), and \$15 for youth aged 12 and under.

## HOW DO I REGISTER FOR THE WALK?

Register for the walk is a separate event which takes place at about the same time as the 5k RUN, so you can't register for both events. Registration fees for the walk are the same as for the 5K above.

Once your registration is complete and paid for, you will receive a confirmation email receipt.

# MARCH FOR MARROW 5K RUN HOUSTON

## HOW DO I REGISTER A TEAM FOR THE 5K?

When you register for the 5K on the AAMDSIF site, you can join an existing team during the registration process by clicking on the team you want on the drop-down menu provided. You can also create your own team during the registration process.

#### HOW DO I FUNDRAISE FOR THE 5K?

If you register for the 5K on the AAMDSIF site, a fundraising page will be created automatically, and you can simply follow the instructions below under fundraising for the walk.

## MARCH FOR MARROW WALK HOUSTON

## WHAT HAPPENS AFTER I REGISTER FOR THE WALK?

Your registration and payment will be confirmed by email. Click the link in your confirmation email to view or edit your personal fundraiser page. Then, use your email address and password created during the registration process or Facebook login information to log in to the Houston event website. Take a moment to personalize your fundraising page (try not to use the default wording used in the existing text. Let others know why you're walking and why this event is important to you. You can also upload a picture.

## HOW DO I JOIN A TEAM FOR THE WALK?

You can join an existing team during the registration process by clicking on the team name you want on the drop-down menu provided. You can also create your own team during the registration process.

#### HOW DO I FUNDRAISE FOR THE WALK?

Since this event is to benefit the Aplastic Anemia and MDS International Foundation, fundraising is a critical part of the event, as the money goes towards funding patient and family programs and services, educational materials and programs, conferences, research and advocacy.

When you register for the walk, you will automatically receive a fundraising page. We suggest that you set your fundraising goal at \$500 this year — which is only 10 donations of \$50 each or 25 donations of only \$20 each. It's easy to do! All you need do is ask friends, family, neighbors and colleagues to help support your efforts. Of course, you can always raise more: \$1,000, \$2,000 the sky is the limit! Once you get started, many of you will raise much, much more. (Remember to ask your employer about any matching gifts programs and ask your donors to do so as well. Many companies partially match your donation and may double or even triple it!)

#### HOW DO I PERSONALIZE MY FUNDRAISING PAGE?

Click the link in your registration confirmation email to view or edit your personal fundraiser page. Then, use your email address and password created during the registration process or Facebook login information to log in. Click the "Edit Page" tab where you can add a Profile Photo, update Your Story, and/or add a Cover Photo. The more personalized your page is, the more others will be inspired to walk with you or donate to your page. It only takes about 10-15 minutes to personalize your page — and it's easy to do! Additionally, by clicking the "Post Update" tab you can tell your friends and family how your fundraiser is going on your social media pages.

# THE RAFFLE

As part of 2019 10-year celebration, we introduced a raffle as yet another way to give even more money back to AAMDS. We received some positive feedback about our raffle and have decided to include it in this year's activities. We have put together an exciting raffle.

To date we have collected the following great gifts for this year's Raffle:

- Wine tasting for 20 at the Bernhardt Winery
- Tickets to a major sports event in Houston
- Mia Hamm autographed item
- Gift Certificate and basket of hair care products from J Thompson Salons
- A gift certificate from James Avery Artisan Jewelry, and much more!

Tickets are \$5 each or six (6) tickets for \$25.

Email Bill Hamm or text him at 512-750-5894 for tickets. He will mail you as many tickets as you would like. Your tickets will not be "valid" until Bill receives the money corresponding to your ticket order. Questions about setting up your personal page and fundraising? Send an email to Bill Hamm.